

## "my inner wheel moment..... "

**Would you believe me if I said ....**

**it just takes 1 sec to bring a meaningful worthwhile feeling to yourself ?**

**I am going to tell you what caused that ....**

I go for a walk every morning and I pass by National School for the Blind,

It so happened that I saw a blind man who needed to cross the road..

After watching him for a while & debating with myself whether he needed my help or not ,

I eventually decided to go ahead and help him cross the road !

**Now, you will be surprised at the side effects ... this gesture had on me ...**

First, I had a smile on my face...

Second, I felt so good about myself .. like an achievement... (don't know why, but I just did)

Third, I felt worthy ... (like patting yourself and saying good job ! )

I had a brisk morning walk with that extra bounce in my stride....

**So, when I talk about "my inner wheel moment" it's all about sharing...**

Giving something big or small.

Giving time, talent or money.

There are hundreds of ideas here to inspire you to give,

because all giving makes "Inner Wheel".

**It all begins the moment you say, "Hey, I'm going to do that!" ... and you commit to that moment !**

**My Inner Wheel moment was** when our club got to train a group of less privileged girls, who were not only less privileged but had come from very disturbing backgrounds and hardships of life. This training brought Smiles, Fun, Knowledge, Happiness, Confidence, Friendship and Employment to their lives, and I simply could not believe that a simple gesture like this would go so long .... in my lifetime to witness some one's life shape up? Just because you decide to share your skills .... seriously.. is that the reward you get?

**Well, then THAT is my inner wheel moment. .** how could I not be blessed !

**Thank You Inner Wheel** for being that platform, where you have rewarded us over and over again....



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